



Claim Your Manifestations

Daily Affirmation Support Guide

This will help align your daily thoughts and your routines with the universe. You will gradually begin to understand your role and purpose allowing you to open your appropriate brain thinking to greater possibilities.

Don't shortchange yourself by not allowing your complete thought process to be immersed in this simple daily task. Make use of this opportunity to facilitate the change you want in your life. BE Excited for YOURSELF! Make a difference to impact you, your family and those around you!

This is the new beginning for you and your subconscious mind. You must focus on changing your deeper daily routine thoughts to a more productive higher form so that you can attain the enlightenment that you seek. *Print one sheet daily or download this document into a writeable PDF on your desktop.*

Today's Date: _____

What is the greatest ideal of myself that I can be today?

List three (3) plans/ideas/thoughts that you can stay focused on today:

1. _____
2. _____
3. _____

Give Gratitude (REAL Gratitude)

Take a few minutes and identify three – five things that you are truly grateful for. Keep these thoughts with you throughout the day and restate them at every potential opportunity.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Daily Success Goal:

List three objectives for YOURself that are in direct correlation with what you desire to manifest. If you can achieve all three, GREAT! Work on achieving at least one every day.

Objective #1: _____

Objective #2: _____

Objective #3: _____

****Each day work to keep these thoughts with you. Achievement is your focus. Universal Alignment is about plotting a new, more productive course that helps you achieve your overall destiny.**